



The PARC (Essex) centre is a purpose built building for children with additional needs and provides a range of facilities to parents, children and families. Situated in the beautiful setting of Great Notley Country Park, near Braintree in Essex, it's a great place where children can play, learn and grow in a safe and stimulating environment. We have a designated parking area and the centre is completely wheelchair accessible as well as all of our play equipment. We also have disabled changing and toilet facilities. The centre is open 7 days a week, providing play sessions and family support from birth up until our Youth Club age which is 25.

## MAIN AREA

Our indoor play area is the largest room of our PARC building. It is the room where every session runs from and also incorporates our soft play and ball pit area. In a general session we set up a book corner, arts and crafts corner, role play corner and a sensory toy corner which allows the children to participate in the activities they choose to. This room allows access to our playground, garden, sensory room and integration room.



## GARDEN AREA

The Garden area is a fantastic place for children to play outdoors and have fun in a spacious area, purpose built for all children regardless of their individual needs or abilities. We have various outside play areas where the children can explore, have fun and get outside in an area that is safe and secure. The area includes a Sensory Garden, complete with sand and water pits, trampoline and seating areas, and also an Adventure Playground. This consists of a climbing frame, wobbly jeep, rotary, roundabout, slide and swings. All of our outdoor equipment is wheelchair accessible, so no child misses out on the enjoyment of the playground. The children are also able to use bikes and trikes in the playground which they can access from our bike shed.





## SENSORY ROOM

The Sensory Room is a great space for any child as our specialist facilities can be used in a variety of different ways depending on each individual child's needs. With an under water theme throughout, we have a range of interactive equipment which can be used to promote a calming experience, while encouraging development. This room includes a water-bed, bubble tube, voice activated ladder lights, an infinity tunnel, fibre optic lights, mirrors, H2O projector, UV Carpet, UV equipment, sound equipment, mirror ball and fibre optic tunnel. This is a great space for children who are deaf or blind or who have sensory processing difficulties.

## KITCHEN AREA

The Kitchen Area is a warm and inviting area where the children can eat lunch or have a snack in between their play sessions. We use this area for creative play and also for cooking with the children. This area of the centre also doubles up as a meeting space and staff area, and we often hold coffee mornings in here, where parents can come and take a break and find out more about the types of help and support available.



## LOG CABIN

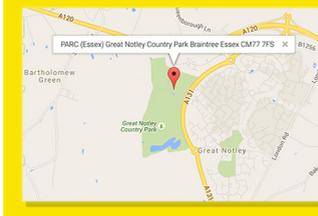
This is the newest addition to the PARC building situated just at the back of the main centre, and we use this space for a number of different activities including arts and crafts, games and story telling and this also doubles up as a relaxing area for children who prefer to be away from the noise levels in the main area. A fantastic space during the Winter months with its cosy feel!

## INTERACTIVE ROOM

Our interactive room is perfect for any child with an interest in computers or technology. We have a projector screen and laptop in this room which allows images and games to be projected onto the floor. The children can choose what they want to play and it is accessible to mobile and non mobile children. We have a great selection of games to choose from including football, car racing and bowling, alongside sensory interactive programmes.



## WHERE TO FIND US



**PARC (ESSEX)**  
**GREAT NOTLEY COUNTRY PARK**  
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